

Foodie

food.ie

noun

A person with a particular interest in food; a gourmet.

Often found savouring nature's bounty and enjoying the spice of life.



- **Markets & Orchards** - From the downtown markets, to roadside fruit stands, to pick-your-own, you will always have fresh local produce at your fingertips.
- **Perfect Pairings** - There are over 60 wineries less than a 20 minute drive from the city, where you can savour some samples and gain a wealth of knowledge about the perfect food/wine combinations.
- **Farm-to-Table** - With such an abundance and variety of locally grown produce, you will find that many restaurants change their menu on a seasonal basis. Delicate summer salads, become hearty autumn soups to ensure that you always have the freshest fare available.
- **Light Bites** - Even snacking is a sacred affair in Penticton, whether it's Pretzel Bombs, Stone Fired Pizza or a Crazy Shake. There's an immeasurable pleasure to be had sitting in the shade of a tree on a Summer's day, devouring delicious goodies - diet be damned!

#VISITPENTICTON





WHAT'S **YOUR** CHAIN OF EVENTS?

Wake up to warm waffles, homemade from grandma's secret recipe or heavenly scented cinnamon bun french toast. The **Nest & Nectar's** mantra is; **Local. Simple. Delicious.** Made with love.

Build up an appetite with a walk along Okanagan Lake promenade, then reward yourself with a hand-made ham & cheese croissant at **Hideaway Bakery & Cafe.**

Fill a basket with plump juicy **Okanagan Cherries**, plucked straight from the tree at CC Orchards in Naramata. Fruit tastes **that much sweeter** when you work for it.

The **Downtown Markets** on Saturday are a must. Hundreds of local vendors line Main and Front Street to showcase the region's finest wares. On any other day there are plenty of specialty stores to explore.

Take a leisurely tour of the wineries along the Naramata Bench. Change things up with a stop at **Legend Distilling** or **Maple Leaf Spirits** where you can sample liquers and spirits **infused** with locally grown herbs and botanicals.

Pack up some of the treats discovered during your shopping excursion and head to the **nearest beach** for a **rustic picnic.** Get a taste for great food and the good life, as you unwind on the warm golden sand.

Relax in the warm, setting sun on an outdoor patio, savouring the sophisticated taste of the **Poplar Grove Winery** and Monster Vineyards, perfectly paired with **Vanilla Pod** fare.

How about some **gourmet appies** or stone-fired pizza, washed down with a few flights of craft beer? **Penticton's Ale Trail** is one route that the discerning foodie has to explore.

UNDISCOVERED
Penticton

For more information please contact the
Penticton Visitor Centre
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